

*Trod the Stony Road: A Young Man's Journey from the Mississippi to the Charles*, is a deeply moving and inspiring memoir by Joseph F. West. In his autobiography that speaks so eloquently and poetically about surviving poverty and loss of faith, he writes, "Trode young man in the faith of your potential—it's your time. Shine and press on in the lucid warmth of promise and dream big dreams, wish upon that star, and stroll in the glorious rhythm that only you possess."

The beauty of these words rings out for all youth to follow, as West most certainly did shine...and press on. This is a story of turning

ing despair into hope and struggle into success. A must-read for every child and parent, educator, counselor and friend of young people everywhere.



Joseph F. West is an award-winning epidemiologist, teacher and author. A native of East St. Louis and Chicago's west side.

He earned his undergraduate degree from the University of Illinois, and his Masters of Science and Doctorate of Science from Harvard. While attending Harvard, he was honored with awards for community service and academic accomplishments. Following his education, the author returned to Chicago, where he currently teaches at Governor's State University and is a Program Director at the Sinai Urban Health Institute. West and his family reside in the Chicago area.

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